



Canyon Adventures & Tours
Tours and Activities (2022-2023)

Misfah Culture Tour (Approx 2.5 hours) [25 OMR for a group up to 8 person]

Explore the cultural tradition of the Misfah village during this 2.5 hrs tour. A walk through the village takes you back in time and you'll be glad to witness the culture which is alive and followed in these modern times. Explore the agricultural, irrigation and the water distribution system in the village wherein you'll also come in contact with the locals who wouldn't mind giving you an interesting insight into their traditional daily works. The guide will provide you a detailed information to make this tour an enriching cultural experience. Tour can be conducted in the morning or in the afternoon as per convenience.



Misfah Agriculture Tour (Approx. 3 hours) [45 OMR for a group up to 8]

Join our special agricultural tour to get an insight in the daily life of an Omani farmer. Be educated with different agricultural tools and you even have a chance to help the farmer with his daily chores. You'll see a variety of farm products and seasonal fruit plantations during this informative tour. This tour can be conducted during the morning or afternoon hours.



Misfah Loop Half Day Trekking Tour (Approx. 5 hours) [45 OMR up to 8 person]

After breakfast, depart for a half-day trekking tour. Walk through the surrounding mountain range to witness some beautiful views of the old village, water springs and gardens. Continue your climb further up to reach the old houses belonging to the goat keepers. Stop for a coffee break along with the locals to get an insight into their daily lives. Continue your trek onto the next village from where you get a scenic view of the Al Hamra village. You'll also come across locals with donkeys carrying goods. Do not forget to carry your camera to capture some beautiful clicks along the way. Please ensure that you wear sturdy sport shoes for this tour.

Full Day Trekking Tour W9 (Misfah – Shorfat Al Alamayn (Approx. 7 hours) [80 OMR up to 8 Person] Excluding transfer

After breakfast, we start from Al Misfah for a full day trek along the ancient donkey path in the Western Hajar Mountains. The tour provides some spectacular views of the famous Wadi Bani Awf and the surrounding mountain ranges. The car will wait for you at the end of the route to transfer you back.



**Two Days Trekking with Donkey [240 OMR] for 2 persons
includes food, camping , transfer by car to Al Misfah village**

Day 1: After breakfast, start your overnight camping tour from the village of Misfah. Donkeys will be provided and used to carry the food and camping equipment. Trek through the gardens of Misfah and Wadis along the way to reach Aqpa Al-Hamra. The route is very scenic and provides ample of photo opportunities. The sunlight reflecting on the surrounding mountain ranges call for a beautiful camera click.

After approximately 5 hours of trekking with the donkeys, we'll reach Al-Sharaf at 2000 metres by afternoon. Setup camp for the evening. You are free to enjoy a short walk around the camp area to view the north face of the Al Hajar mountain (wadi Al Sahtan). Overnight camping.



Day 2: After breakfast, wrap up the camp and start your trek through East along with the ridge of the mountain until Sharaf AL Alamayn where you will witness some breathtaking views of Wadi Sahtan and Wadi Bani Awf villages. The walk will be for seven hours without donkeys since the Trek is not suitable for the donkeys.

**Full Moon Walk (Approx 1.5 hours) [25 OMR
for a group up to 8 person]**

Experience the glamorous nights in Al Misfah and have passionate walk along the gardens of Al Misfah and the Ancient will built Trail under Moon Lights on full Moons Days with our guide.



Canyoning Snake Gorge [Starting from 130 OMR for two people] excluding transfer

Located in the base of wadi bani Awf near a nice village Balad seet. The track to get there carry some adventure as well . Its not hard with necessary skills to do canning there.

Our instructors are skilful and will take you Through the gorge by abseiling, swimming, and Jumping to pools to get through the wadi.

Proper clothing and shoes are required by participants and we provide necessary equipment and Safety gear as required.



Balcony Walk Grand Canyon [60 OMR] for a group up to 8 people Excluding transfer

The trek to abandoned village in Sab bani khamis in never to be ignored if heading to Jabel shams, the Start of the trek in Al khateem in jabel Shams Plateau, The walk seems to dangerous but safe once you start hiking in the steep of grand canyon

with spectacular views to jabel shams and the Canyon directly below.



Al Hamra Cycling Tour (2 Hours) [20 OMR per person]

Our guide will welcome you at our office in Al Hamra and will explain about the Bike Safety and introduce the Tour. From there we will start the cycling tour toward Al Hamra View point where you can see the date Palm gardens and Traditional old houses then continue cycling to the old part of the village passing terraces and local farms through narrow trails then towards the new street exploring the tourist attractions places then back to stating point.



Al Hamra Horse Ride Tour (1 Hour) [15 OMR per person]

Welcoming you at the Horse Stables and the local guide will explain about the history of Arabian horses and how to take care of it and the equipment which are used, after that, the horse ride will start through the green farms and irrigating canal system (falaj) where you will enjoy riding the horse then back to the stable.



**Summit Trekking, highest Peak in Oman (3000 M) W4 [80 OMR]
for a group up to excluding transfer by car**

The trek starts from the plateau at 2000 Meters along the ridge of Grand Canyon, crossing a small wadi and continuing along the rim of the Saydran Gorge, until joining a wadi which leads to the first col at 2,700m.

There are very good views east at this point.

From the col, the path turns South and mainly follows the crest of the ridge, the tour allows spectacular views into Wadi Nakhar, the 'Grand Canyon', Wadi as Sahtan and Wadi Bani Awf, as well as fantastic views of Jabal Khawr and Jabal Misht to the West.



**Ridge Walk, Sharaf AL Alamayn (2000M) [80 OMR] for a group up to 8
people excluding car transfer**

This Walk offers scenic views to wadi bani Awf along the ridge, witnessing beautiful villages down the wadi and passing the track which crossing to Al Misfah and balad seet and a water reserve used by local in clay pots.

You may see goat keepers grazing along

the way, at the end section of the trek

there will a little climb to a prominent point

called Ras Al Haraq and then trekking back to the start point.



**Village Walk at Al Jabel Al Akhdar (3 hours) [60 OMR] for a group up to 8
person, available pick up from a hotel nearby Saiq only for 4 people.**

An Interesting walk from AL Aqur Village to AL Shraigah and visiting Wadi Bani Habib, along the terraced farms and ancient falaj irrigation systems with magnificent views and a chance to visit rose water distillery in action in month of April.



**Remote Village Walk at Al Jabel Al Akhdar (4 hours) [65 OMR]
for a group up to 8 persons excluding transfer**

The trek is close to Alilah Hotel in Jabel Al Akhdar Mountain. We will take you in that trek, which tells a story of a man who lived, inhabited, and adapted with harsh conditions and how he designed and build clay made houses under rocks and lived there peacefully with Nature, all that you will see in Sarab abandoned village, and how water is collected in the pools.



Then we will trek to well-maintained trail used for donkeys to another nice village in the other side of the canyon, then we will trek upwards through old juniper trees with nice aroma, and then we will climb to a hill and you will see the new villages where locals moved with a good horizon view and enjoying sunshine.

Via Ferrata (Approx 4 hours) [120 OMR for two person] excluding car transfer

The best place is in Jabel Shams Grand Canyon. After the Balcony Walk to Abandoned village, climbing track leads to the start of the lower part of the climb, which is a medium to difficult 80m vertical ascent. Following a short walking traverse, the easier upper climb leads out of the canyon via a wadi. The climb itself takes around 1 hour. We provide all required gear with an instructor.



Other Activities and Daily Tours to Other Attractions in the Region

For more info please visit our website www.canyonadventurestours.com.

Note

Take sufficient water for trekking tours


Carry some food for full day Trekking and Activities.

Wear sturdy shoes

Wear proper clothing

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Oman, Al Hamra